



NARACOORTE PRIMARY SCHOOL

HEALTHY CANTEEN POLICY



Updated June 2022

Rationale

The canteen at Naracoorte Primary School provides healthy food choices for students in the school canteen menu that reflect the *Australian Dietary Guidelines for Children and Adolescents*.

The school canteen as part of the whole school implements the *Right Bite Healthy Food and Drink Supply Strategy* and recognises that schools are ideal settings to educate about healthy food choices and physical activity.

The canteen can provide a substantial proportion of a child's daily nutritional intake if both lunch and snacks are regularly purchased from the school canteen.

The canteen provides the means by which children can put into practice the nutrition messages they are being taught in the classroom. The canteen can model healthier food choices that are tasty, interesting and affordable. This can influence food choices at school and in the wider community.

Canteen Aims

- provide an enjoyable, nutritious and attractively presented selection of food and drinks at reasonable prices
- help reduce health risk factors by encouraging the development of good eating habits consistent with the *Dietary Guidelines for Children and Adolescents*
- provide foods consistent with the *Right Bite Healthy Food and Drink Supply Strategy for SA Schools and Preschools*.
- provide students with practical learning experiences about making healthy food choices, that reinforce classroom lessons
- function as an efficient enterprise
- demonstrate high standards of hygiene in relation to the preparation, storage and serving of food at the canteen
- provide an opportunity for the school community, through the canteen committee, to participate in decisions concerning the operation of the school canteen and the implementation of government policy
- provide an opportunity for parent and community involvement in children's education environment.

Administration

- The Governing Council will manage the school canteen through a canteen committee.
- The Canteen Committee will be responsible for operating the canteen in accordance with this policy and its supporting documents.
- The Canteen Committee will present a report to each general meeting of the Governing Council.
- The Committee Chairperson shall present a written report and financial report (through the Finance Officer) to the Governing Council.
- The Governing Council must approve all canteen capital purchases by a majority vote at a general meeting, prior to purchase.
- The Governing Council will have the right to re-organise, disband or close the committee.
- A current copy of the canteen policy that has been signed and dated will be given to all Canteen Committee members following the Governing Council Annual General Meeting. This policy will be made available to all school community members and placed on permanent display in the school canteen.

